Villa Pauline
Retreat and
Spiritual Center

Fall/Winter
Spring/Summer
2020-2021

Our Mission
To offer a peaceful, contemplative, life-giving atmosphere wherein the whole person can be nourished,...
...with opportunities for personal transformation, to participate in Jesus’ healing mission
2021 SUMMER RETREATS

Our retreats offer a time of silence and reflection on particular themes for spiritual growth. Our visiting retreat staff, as well as members of the Villa Staff, will assist retreatants by offering various Scriptural passages for prayer and reflection. Arrival for retreat is anytime after 4:00 PM. Those wishing to come for supper should indicate this on the registration form. A $75 non-refundable deposit [applicable to fee] is required when making your reservation. Preached Retreats $475.00 Guided and Directed Retreats $500.00.


DIRECTED RETREAT: June 22-29, 2021 Villa Pauline
Directors: Carol Makravitz, SCC, Teresa Skierkowski, SCC, Ed Salmon, SJ
The focus of this retreat is a person’s relationship with God. Scripture, prose, poetry and other materials are offered for prayer and reflection. Retreatants will have the opportunity to meet daily with a spiritual director for guidance, discernment and affirmation in developing a deeper and richer relationship with God. Daily Eucharistic Liturgy and the Sacrament of Reconciliation will be available. This six day Ignatian directed retreat is an invitation to reflect on how we are meeting God in our prayer and in our life experiences.

GUIDED RETREAT: July 6-13, 2021 Villa Pauline Facilitator: Josita Marks, SCC
Theme: Augustine’s Vision of Community
In this retreat we will ponder what St Augustine had in mind when he and his friends desired to form a community given over to the search for wisdom through individual reflection and common sharing. The main object of Augustine’s Rule is very simple: the brothers/sisters are to live together in their religious house in a harmonious manner and be one in mind and heart on their way to God. In a few words, everything in the Rule points to forming a community of faith and love.

PREACHED RETREAT: July 16-23, 2021 Villa Pauline Facilitator: Fr. Leo McKernan
Theme: Jesus Christ is Lord
Fr. McKernan will employ passages from the Gospel of Mark, the Book of Revelation, and The Lord by Romano Guardini, to reflect on the question: What is the Spirit telling the Church today?

PREACHED RETREAT: August 7-14, 2021 Villa Pauline Facilitator: Rev. Daniel J. Issing, C.S.C., Ph.D.
Theme: “Fervor at our Fingertips: The Practice of Joy in the Consecrated Life
A repeated theme of Vita Consecrata is “the spiritual quality of the consecrated life.” Are we an attractive witness to the virtue of leaving everything behind for the sake of Christ? Does our lifestyle turn others to Jesus? In this retreat, we will celebrate religious life as covenanted metanoia. Through the evangelical counsels, we chase after what Pope Francis calls “the original freshness of the Gospel.” Ours is a stability of amazement at, generosity for, and collaboration with the coming kingdom, that divine creativity that is always at work to renew all living things and especially human communities. We will together examine and pray about how to constantly receive the joy of Christ so that our lives and ministry will glow with gospel fervor.

IGNATIAN SPIRITUAL EXERCISES May 29–August 3, 2021 Villa Pauline
Directors: Carol Makravitz, SCC, Teresa Skierkowski, SCC
The full Spiritual Exercises of Saint Ignatius Loyola is an individually directed live-in retreat made over thirty days. In an atmosphere of prayerful silence you will have sabbatical time for meditation, reflection and liturgy. The dates given include the preparation days before the 30-day retreat and the reflection days at its conclusion. There will be rest or repose days built into the retreat. Cost: $2,000 all inclusive. Applications due by May 1, 2021. Call the Spiritual Center [201-602-2235] for an Application Form or email steresaskier@gmail.com requesting a form.

19th ANNOTATION of the SPIRITUAL EXERCISES

The 19th Annotation of the Spiritual Exercises is a profound, transformative retreat experience that is made over a period of nine months in daily life. The Exercises are organized around four “weeks” as they were originally given during the structure of a 30 day retreat. Ignatius himself found that many people could not, because of family or business reasons, take thirty days off, leave home, and go away for a retreat. So he created an adaptation of the Exercises, which would be extended over a period of time. This is what is known as the 19th Annotation. September 2021–May 2022 $750—$1400 sliding scale. Call S. Teresa at 201-602-2235 or S. Carol at 570-704-9903 to register or for more information. To begin in September 2021 register by August 1, 2021.
KEEPMING VIGIL WITH THE WORD OF GOD
When we allow God’s Word to wash over us, we cannot help but be transformed, however slowly, until finally we want to consume the sacred words. Using Macrina Weiderkehr’s book, Abide, we are invited to sit with the word of God, remain there for a while so it can become ours, and share this with others who come with the same desire. Please purchase the book prior to the first meeting.

ABIDE: Keeping Vigil with the Word of God by Macrina Weiderkehr
Facilitator: Carol Makravitz, SCC
Wednesdays January 6, 13, 20, 27 and February 3, 10, 2021
$50 for all 6 sessions. Registration due by December 30, 2020  10:00—11:30 AM  9:45 Coffee

MASTERCPE IN THE MAKING: DAY OF REFLECTION
Our life’s goal is to be saints — God’s masterpieces! But like fine art displayed in a museum, the lives of saints often appear pristine. In fact, the lives of great artists and saints prove that the process of creating a work of art and a holy life is often messy, and filled with mistakes and corrections. Attendees will learn to accept the disorder and imperfections of their lives as part of the path to holiness. The beautiful masterpiece we want to make of our lives for God is being created right here and now. It is just not ready for the “museum” yet!

Facilitator: Nina Corona
$50.00 offering includes lunch  Coffee 9:30  10 AM-4 PM
Saturday February 27, 2021  Register by February 20, 2021

FALLING UPWARD: A SPIRITUALITY FOR THE SECOND HALF OF LIFE
Fr. Richard Rohr is a globally recognized author, speaker, teacher, and founder of the Center for Action and Contemplation in Albuquerque, New Mexico. His teaching is drawn from his own Franciscan tradition, the teachings of the mystics, the wisdom of the world’s religions, and the spirituality of the Twelve Steps. One of his most popular books, Falling Upward: A Spirituality for the Second Half of Life, will be the subject of this day of prayer and reflection. His discussion of the different characteristics of the first half of life and the second half of life and the tasks to be accomplished in each can be a helpful resource for all of us seeking a deeper spirituality.

Facilitator: Tom Petriano
Saturday April 11, 2021 9:30 Coffee  10 AM—3 PM
$45.00 offering includes Lunch  Register by April 1, 2021
This workshop will be held in St. Joseph Hall at the Motherhouse.

FREEDOM THROUGH SURRENDER: A CENTERING PRAYER EXPERIENCE
Centering Prayer is a method designed to facilitate the development of contemplative prayer by preparing our faculties to cooperate with this gift. It is an attempt to present the teaching of earlier time in an updated form. It is not meant to replace other kinds of prayer but puts other kinds of prayer into a new and fuller perspective. During the time of prayer we consent and surrender to God’s presence and action within; at other times our attention moves outward to discover God’s presence everywhere.

Facilitator: Patty O’Shea Creech
Thursday March 18, 2021 9:45 AM Coffee  Input 10-2:30 AM
$45.00 offering includes Lunch  Register by March 11, 2021
HELLOS AND GOODBYES: CYCLES IN THE SPIRITUAL JOURNEY
Every human being has encountered a forced change in life as they once knew it. In some way, every person has experienced loss—whether it be of a loved one, job/career, financial security, social connections and routines, among many others, as a result of the Coronavirus. Each one of us has experienced goodbyes or deaths of some sort. In social isolation, most of us have taken time to reflect—have even been forced to reflect—on these loses. But, have we considered what we have gained? What are the hellos or new life God is inviting us to? Come explore the common pattern of hellos and goodbyes on the spiritual journey, and discover how despite the pain, grief, or anxiety we encounter in them, they can be opportunities for us to grow closer to God and invitations to live the life God desires for us.

Facilitator:  Palma Anton  
Date and time TBA  2021   10:00 AM—2:30 PM  Coffee  9:45 AM
Suggested fee:  $45.00  includes lunch

LENTEN PRAYER:  FINDING GOD IN PLAIN SIGHT
God is often at work through the ordinary:  ordinary people, ordinary objects, ordinary grace. Through the ordinary, God communicates epiphanies, salvation, revelation, and reconciliation. It is through the “mundane” that we can discover God’s quiet, faithful and loving voice. Each week we will encounter a new subject to consider in Scripture, prayer, reflection, poetry and sharing. A binder-journal for personal use will be provided.

Facilitator:  Teresa Skierkowski, SCC  
$12.00 offering per session or $45 for all 5 sessions  
Tuesdays February 23, March 2, 9, 16, 23, 2021  
10 AM—Noon   9:45 Coffee
Register by February 16, 2021

SERENITY PRAYER
American theologian, Reinhold Niebuhr, is credited with having written the Serenity Prayer as we know it today. Adopted by Alcoholics Anonymous in 1948, the Serenity Prayer expresses many of the foundational principles of AA and has become a mainstay for this and other Twelve Step spirituality groups. With the Serenity Prayer as a focal point for this Lenten day of retreat, please join us as we explore this little powerhouse of prayer and its benefits for all.

Facilitator:  Audrey Byram  
$45 suggested fee  Lunch included  
9:30 AM—2:30 PM   9:15 Coffee
Thursday February 25, 2021  Register by February 11, 2021

POETRY AS SPIRITUAL PRACTICE
Some poetic books of the Bible, such as the Psalms and the Song of Solomon, are said to come from the heart. These writers reach us where we are in our own struggles and joys and are often called humankind’s reach toward God. Through reading, writing, reflection and discussion of poetry, we can gain greater insights into understanding others, ourselves, and the world around us and in our connection to the divine. This program will explore the ways we can bring poetry into our lives as a spiritual practice that can enrich and enhance our lives at a deeper level.

Facilitator: Suzanne Dowd, LCSW  
$45.00 offering includes lunch  
Friday April 23, 2021  
9:30 AM Coffee  10 AM-2:30 PM  Register by April 16, 2021
SPIRITUAL EXERCISES SEMINAR: ON-GOING FORMATION FOR SPIRITUAL DIRECTORS
This seminar explores the dynamics, content and grace of each week of the Spiritual Exercises of St. Ignatius, as well as the key components presented. Our gathering and sharing will enhance the experiential understanding of the Exercises as they unfold in our everyday lives. Intended for individuals who have made the enclosed 30 day retreat, the 19th/20th Annotation, those presently directing the Exercises, or experienced directors eager to ponder the Spiritual Exercises.
Facilitators: Carol Makravitz, SCC and Teresa Skierkowski, SCC
Thursdays 10 AM-2 PM January 14, February 11, March 11 and 25, April 22 and May 13, 2021
$300.00 offering for 6 Sessions Register by December 15, 2020

PERSONAL DAYS OF PRAYER
A DAY OF PEACE AND QUIET WITH GOD
Contact us for available dates
TIME: 9:30-3:00 PM

Come for a day of spiritual renewal and refreshment and discover some peace and quiet in the whirlwind of life in which we all live. We have set aside a day each month [except December] for you to come apart and spend a solitary day in quiet prayer and reflection. There is also the possibility to meet with one of our Spiritual Directors on staff.
Cost: $15 for the day and an additional $30 if you wish to see a Spiritual Director. Bring a bag lunch—beverages will be provided!
Contact Sister Carol Makravitz 570-704-9903
Sister Teresa Skierkowski 201-602-2235

VILLA PAULINE RETREAT AND SPIRITUAL CENTER
MISSION STATEMENT

Villa Pauline Retreat and Spiritual Center offers an atmosphere of silence, solitude and space for those seeking to develop and deepen their relationship with God, others and the world in which we live, and welcomes diverse faith traditions.
By providing opportunities for personal transformation, we participate in Jesus’ healing mission for the life of the world. Grounded in the spirit of the Sisters of Christian Charity, we hold sacred God’s reflection in each person and in all creation. This ministry challenges each staff member and all who are refreshed here to live and make visible God’s love in the world.
The Villa Spiritual Direction Formation Program is accepting applications from those individuals who may be interested in the ministry of becoming Spiritual Directors. A new class will begin in September 2021. Our three year program is designed for mature adults seeking to deepen their own spiritual life, learning how to sharpen their skills in offering direction, and becoming a trained spiritual director. Classes are held each week from September to May excluding holidays. Applicants must be going to Spiritual Direction themselves for 1-3 years. Cost per year per person is $1375 for years one and two. Year three $600 plus Supervision cost. Class must have 10 participants to be held. For more information visit our website at www.scceast.org “Retreats/Spirituality” and “Spiritual Direction Formation Program” or call Sr. Teresa @ 201-602-2235. Applications due July 1, 2021

Villa Pauline Retreat and Spiritual Center provides Spiritual Direction for individuals seeking to deepen their personal relationship with God. Spiritual Direction helps an individual focus on their personal and unique journey with God and on their life’s experiences as encounters with God as they share this in a one-to-one meeting with a director. ** By appointment only: Call Center at 973-543-9058 [messages will be returned] or a number listed below to make an appointment with any of our directors.

**Please discuss donation amounts with your director at your first meeting.

Available Spiritual Directors:

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carol Makravitz, SCC, PhD, MS</td>
<td>570-704-9903</td>
</tr>
<tr>
<td>Teresa Skierkowski, SCC, MA, MS</td>
<td>201-602-2235</td>
</tr>
<tr>
<td>Mrs. Beverly Rossi-Ryan, MD</td>
<td>908-727-8799</td>
</tr>
<tr>
<td>Margaret Dincher, SCC, MA</td>
<td>973-635-0070 x 714</td>
</tr>
<tr>
<td>Mrs. Angela Calogero, MA</td>
<td>973-879-3918</td>
</tr>
<tr>
<td>Mr. Ed Reitter</td>
<td>908-268-9671</td>
</tr>
<tr>
<td>Mrs. Anne McGovern</td>
<td>908-638-4518</td>
</tr>
<tr>
<td>Josita Marks, SCC, MA</td>
<td>973-919-8540</td>
</tr>
</tbody>
</table>

Visit us at: www.scceast.org
**Presenters**

**Palma Anton** is a spiritual director, retreat leader, wife and mother. She completed her spiritual direction training from the Quellen Spiritual Center Mendham, NJ. She is co-director of the Spiritual Direction Ministry at the Shrine of St. Joseph, offering spiritual direction and developing and leading retreats and workshops. Palma has a Certificate in Catholic Evangelization from Seton Hall University, Immaculate Conception School of Theology.

**Audrey Byram** is a wife, mother and small business owner. Audrey holds a Bachelor of Arts degree in psychology from the College of St. Elizabeth, Convant Station New Jersey and received her training as a spiritual director at the Quellen Spiritual Center Mendham, NJ. Audrey has completed certificate training in recovery coaching and ethical considerations for recovery coaches through the Center for Addiction Recovery Training, Hartford, Connecticut.

**Nina Corona** is a Doctor of Ministry candidate at Fordham University. Nina possesses an MA in Christian Spirituality from Loyola University Chicago and a BA in Studio Arts from Muhlenberg College. Nina is the founder of *We Thirst Ministries*. Nina has authored and taught several theology and spirituality courses for Villanova University. She resides in Bethlehem, Pennsylvania with her husband Mark and has two adult daughters and one grandson.

**Margaret Dincher, SCC, MA** is Pastoral Associate of Spirituality at Corpus Christi Parish, Chatham Township, NJ. Sister’s training in Spiritual Direction is from The Center for Spirituality and Justice New Rochelle, NY. She holds a Master of Arts degree in Theology from Villanova University. Sister serves on the Staff of the Villa Spiritual Direction Formation Program and is a Supervisor of Spiritual Directors.

**Suzanne Dowd, LCSW** is a psychotherapist in private practice in Sussex County. She has a love for poetry since the age of 13 and enjoys crafting poems whenever she can. Some of her poems were published in local poetry publications when she was in college and graduate school. Suzanne encourages her clients to journal and express themselves through creative endeavors.

**Daniel J. Issing, CSC, Ph.D.** is Associate Professor of Ethics at King’s College in Wilkes-Barre, PA. Father has given retreats in the past at the Quellen Spiritual Center in Mendham, NJ.

**Carol Makravitz, SCC, MS, Ph.D.** is a Staff member of Villa Pauline Retreat and Spiritual Center. She is trained as a Spiritual Director from the University of Scranton in Scranton, PA, and in giving the Ignatian 30-Day retreat through the Spiritual Exercises Institute at Inisfada, Manhasset, NY and received training in giving Directed Retreats from Mariandale Retreat Center. Carol serves on the Staff of the Villa Spiritual Direction Formation Program and is a Supervisor of Spiritual Directors.

**Josita Marks, SCC, MA** currently works at Villa Pauline Retreat and Spiritual Center. Her training in Spiritual Direction is from Mercy Center, Madi- son, CT. She has given programs and retreats both in the United States and in Ireland. She has a degree in Theology from Villanova University and serves on the Staff of the Villa Spiritual Direction Formation/Program.

**Fr. Leo McKernan** was ordained in 1983 and studied at King’s College and Villanova University. He attended St. Pius X Seminary, Dalton, PA and continued his training at North American Col- lege graduating from the Pontifical Uni- versity of St. Thomas Aquinas. He received his training in spiritual direction from Creighton University. In his ministry he worked as a parish priest and taught in high schools and universities. Father also served as the spiritual director for St. Pius X Seminary and has facilitated retreats for priests, deacons, and Sisters. He resides in Wyoming, PA.

**Thomas Petriano Ph.D.** is Chair of the Religious Studies Department at St. Joseph’s College in Patchogue and Brooklyn, New York. He received his doctorate in Systematic Theology from Fordham University, Bronx, New York and has had a long time interest in the writings of Richard Rohr. Tom has given similar presentations over the past several years here at the Motherhouse.

**Ed Salmon, SJ** is a Jesuit priest in the Diocese of Rochester, NY. He has given numerous retreats throughout the United States. Father Salmon has also given retreats to the Sisters of Christian Charity in the past. He is currently a member of the Cathedral Community.

**Patty O’Shea Creech** completed her Spiritual Direction formation at Quellen Spiritual Center in Mendham, NJ. She completed Contemplative Outreach formation for Introduction to Centering Prayer in 2018 and has presented at retreats and workshops in New Jersey and Pennsylvania. Her life is informed by her faith, by the women and men she companions on their spiritual journey and by 30+ years of active participation in 12 Step spirituality. She has a special interest in Centering Prayer as an 11th Step practice. Retired from 19 years as a hospice RN she previously spent many years working for a large corporation. She currently volunteers her time to family, friends, church and community.

**Bishop Arthur Serratelli** received a Bachelor of Arts Degree from Seton Hall University in 1965, a Licentiate in Sacred Theology from the Gregorian University in 1969, a Licentiate in Sacred Scripture from the Biblical Institute in 1976, and a doctorate in Sacred Theology from the Gregorian University in 1977.

Ordained December 20, 1968, he served as parochial vicar at St. Anthony Parish, Belleville, taught Systematic Theology at Immaculate Conception Seminary and then returned to Rome for higher studies. He taught Sacred Scripture and biblical languages at the seminary and served as Rector of St. Andrew’s College Seminary at Seton Hall University from 1997 -2000. Bishop Serratelli has been active in giving retreats to priests and religious, diocesan convocations and lectures throughout the United States.

**Teresa Skierkowski, SCC, MA, MS** is on the Staff of Villa Pauline Retreat and Spiritual Center. She holds a Masters Degree in Theology and a MS in Admin- istration. She facilitates retreats and programs and is a spiritual director. Her training in Spiritual Direction is from Linwood Spiritual Center in Rhinebeck, NY. She is a Supervisor of Spiritual Directors receiving her training from Inisfada, St. Ignatius Retreat Center, Manhasset, NY. She serves on the staff of the Villa Spiritual Direction Formation Program.

Printed by Bernardsville Printing
19 Mine Brook Rd.
Bernardsville, NJ 07924
(908) 766-4073
REGISTRATION FORM—DUPLICATE AS NEEDED FOR RETREATS AND PROGRAMS

NAME _____________________________________________________________

ADDRESS __________________________ CITY _____________________________

STATE _______ ZIP ________

PLEASE INDICATE YOUR CHOICE OF PROGRAM OR RETREAT*:

____________________________________________________________DATE _________________

*FIRST NIGHT OF RETREAT SUPPER _____YES _____ NO

EMAIL __________________________ PHONE ____________________________

SEND TO: VILLA PAULINE RETREAT & SPIRITUAL CENTER

c/o S. CAROL MAKRAVITZ

352 BERNARDSVILLE ROAD

MENDEHAM, NJ 07945

MAKE CHECKS PAYABLE TO: VILLA PAULINE RETREAT AND SPIRITUAL CENTER

2020-2021 Programs, Retreats, and Hosting Opportunities

Address Correction Requested

Villa Pauline Retreat and Spiritual Center

Mendham, Nj 07945-0800

352 Bernardsville Road

Villa Pauline Retreat and Spiritual Center